BEN LOMOND QUAKER CENTER invites you to:

Year End Retreat: In the Life and Power of God

with Marcelle Martin

Dec. 27, 2015 – Jan. 1, 2016



And from that day forward, our hearts were knit unto the Lord and one unto another in true and fervent love, in the covenant of Life with God... ~Francis Howgill

This retreat provides a worshipful setting in which to learn about the radically transforming Quaker spiritual journey and come to greater understanding of how we are being called, individually and collectively, to wholeness and faithfulness. We'll discuss ten elements of the spiritual journey experienced by both early and contemporary Quakers. Sessions will include presentations on the ten elements, followed by group discussion of short passages written by Friends during the first decades of Quakerism in the 17th century. Experiential opportunities will help us gain greater awareness and insight about how the Spirit is and has been at work within us. We'll share with partners and in small groups, listening each other into deeper insight about our own experiences of the spiritual journey. In small groups we will help each other with discernment. Finally, we'll hold each person in the light and encourage one another to take the next steps in faithfulness.

The ten elements:

- **♦**Longing **♦** Seeking **♦** Turning Within **♦** Openings **♦** The Refiner's Fire **♦**
- ♦Being Gathered into Community ♦ Leadings of the Spirit ♦ Living in the Cross ♦
- ♦ Abiding in Divine Love and Power ♦ Perfection (in one's measure) ♦

Participants are encouraged to bring a journal or notebook to write in. No advance reading is required, but some may find it helpful to look at posts of Marcelle's blog, A Whole Heart, at www.awholeheart.com Two posts about 17th century Quakers give a good overview: Ten Elements of the Quaker Spiritual Journey and The New Birth. Posts about contemporary Friends' experience include Awakening Today, Openings to the Way of Nonviolence, and Now Abiding in Divine Love and Power.

About the program facilitator:



Marcelle Martin works with individuals and communities to help increase awareness of the divine presence within and among us. Since 1996, she has been a spiritual nurturer and a facilitator of workshops at retreat centers and Quaker meetings across the country. A member of Chestnut Hill Meeting in Philadelphia, she served for four years as the resident Quaker Studies teacher at Pendle Hill. She is the author of two Pendle Hill pamphlets, Invitation to a Deeper Communion and Holding One Another in the Light. Her 2009 Michener Lecture, "Deeply Rooted: Alive in the Spirit," was also published. Inspired by studying accounts of the radical beginnings of Quakerism, she is completing a book about ten elements of the Quaker spiritual journey, as experienced by the first Quakers and by Friends in our time. Her blog, A Whole Heart, is at http://awholeheart.com.

TO REGISTER for the **Year End Retreat**, fill this out and send it to the address below. OR register online at www.quakercenter.org/register/

Name(s) of attendees:	and age(s) of children coming:		
Mailing Address:			
Phone:	E-mail:		
I/we plan to pay \$	an to pay \$/person on the \$420 - \$560/person sliding scale. (More on this below)		
I plan to use the Quaker Center Annual Pass purchased by		(name of meeting)	
Medical or ethical dietary	restrictions:	· · · · · · · · · · · · · · · · · · ·	
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Accommodation or mobil	ity concerns:		
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Check-in is from 4 PM to 6 PM. Dinner is served at 6 PM and the first program session will begin at 7:30pm. You can expect to depart by 12 PM on our last day after closing worship. We no longer require a deposit with your registration. We trust that you will "let your yay be yay" and you'll participate in this program if you register. If you absolutely must cancel, please do so at least two days in advance. Otherwise we will request \$120 payment for the food the cook has already purchased for you.

A NOTE ABOUT OUR SLIDING SCALE:

- Comprehensive rate: The top of our scale covers all our costs. (\$560/person).
- > Standard rate: We hope most people will pay at least this amount. (\$490/person)
- > Special reduced rate: The bottom to our scale (\$420/person).

No one will be refused from our programs due to lack of funds. Please call or email us for financial aid.

CHILDCARE: will be provided **by advance arrangement with Directors** at no extra charge to parents, though we request **\$120 per child** to cover the cost of meals.

ACCOMMODATIONS, THINGS TO BRING, AND FOOD: Sleeping accommodations will be in the Orchard and Redwood Lodges (semi-private rooms). Bring a sleeping bag or sheets, pillowcase, towel, and toiletries. Please do not wear or bring strongly scented toiletries. All meals at Quaker Center are vegetarian. We ask all participants to take turns working together on meal prep, dish crew, and cleaning at the end of the program. Please tell us if you must leave early so that we can make sure you get signed up for a final clean up task that can be done early.

PLEASE DO NOT BRING PETS. Only service dogs trained to perform a specific task to palliate the disability of the dog's handler may accompany guests. Please call Quaker Center in advance if you would like to bring your service dog.

TRANSPORTATON: See our website, <u>www.quakercenter.org/directions/</u> for directions. If you are arriving by bus, please let us know at least a day in advance if you need a shuttle and we will pick you up from Ben Lomond bus stops. Call the Quaker Center cell phone: 831-212-2631 if you need to change your pick-up time.

DRIVING DISTANCES FROM:

- Los Angeles: 365 miles, 6.5 hours
- Sacramento: 150 miles, 2 hours, 45 minutes
- San Francisco: 90 miles, 2 hrs and 15 minutes
- San Jose Intl Airport: 35 miles, 50 minutes
- Santa Cruz, 12 miles, 25 minutes

PUBLIC TRANSIT:

- > Amtrak: Take the train to the San Jose Diridon Station
- > From the San Jose Diridon Station: Take the 17 Express bus to the Cavallaro Transit Station in Scotts Valley.
- > From the Scotts Valley or Santa Cruz: Take the 35 or 35A bus to Ben Lomond.
- > *In Ben Lomond:* Get off at Highway 9 and Main Street and walk or call for a ride.

QUAKER CENTER